**SUBURBAN CONFERENCE – Gold Division**

Varsity Girl’s Swimming and Diving Championships

February 4 - 6, 2021

**DATES AND TIMES:**

 **Diving:** **Thursday, February 4**

**Start time:** 4:00 pm **Warm ups:** 2:00 pm - 4:00 pm

**Location:** Blue Springs Aquatic Center 2401 NW Ashton Driven

**Swim Prelims: Friday, February 5**

**Start time:** 4:00pm **Warm ups:** 1:45 - 3:45 p.m. (see page 3 for schedule)

**Location:** Blue Springs South Aquatic Center 1300 Adams Dairy Parkway

**Swim Finals:** **Saturday, February 6**

**Start time:** 2:00pm **Warm ups:** 11:45 - 1:45 p.m. (see page 3 for schedule)

**Location:** Blue Springs South Aquatic Center 1300 Adams Dairy Parkway

**HOSTED BY:**  Blue Springs School District

**TEAMS: Blue Springs, Blue Springs South, Lee’s Summit North, Lee’s Summit West, Liberty, Liberty North, Park Hill, Raymore-Peculiar**

**ADMISSION:** No spectators will be allowed on Friday and Saturday.

One spectator per diver will be allowed on Thursday.

No admission will be charged.

All sessions will be live streamed on [www.twitch.com](http://www.twitch.com)

search for bssswimanddive

**TEAM AREA:** Teams will be seated inside the facility in designated team areas. Please have your team sit and crash in designated areas.

**CONCESSIONS:** Concessions will not be available at the meet. Please bring your own and leave in your crash area.

**MEET APPAREL:** Shirts will be available through pre-ordering. Parents and swimmers can go to the website:

<https://gold.gtgshops.com/index.php?route=product/category&path=229>

to order shirts. Pre-ordered shirts will be delivered to the team’s coaches on the day of pre-lims. Deadline to order is January 28th.

**MEET PROGRAMS:** Programs will be available all days of the meet.

**ENTRIES:** Please use Hy-Tek Team Manager. Each school is allowed four entries per individual event and one entry per relay event. No deck entries or substitutions will be allowed. For all swimming events (except varsity finals) athletes will report directly to the blocks. Make sure to enter relay names up to 8 for each relay.

**Swimming and Diving entries must be received by Monday, February 1st, at 11:59 pm.**

**E-mail entries to Errich Oberlander:** **eoberlander@bssd.net**

PSYCH SHEET will be sent by Tuesday morning at the latest and HEAT SHEETS by Thursday.

**WARM UPS:** Warm up lane assignments listed on page 3.

**AWARDS:** Team conference plaque for varsity first place.

Individual medals first through eighth.

Relay medals first through third.

**TIMERS:** One timer for each lane will be provided by the host.

**MEET FORMAT:**

**DIVING: (Thursday, February 4, 2021)**

>Varsity diving will be an eleven-dive format with cuts made after round eight.

>After round 8 we will cut to 24 divers. Divers that are in places 17-24 will not score points and will be marked as exhibition. We will also re-order based on rankings after round 8.

>The top 16 varsity divers will score.

>Medals will be awarded to the top eight varsity divers.

**VARSITY SWIM PRELIMINARIES: (Friday, February 5, 2021)**

>Preliminaries will be swum with the last 3 heats circled seeded.

>Relays will be swum in 2 heats in prelims. Even lanes only.

>The fastest 8 swimmers in each division will qualify for “A” finals. Swimmers finishing in 9th-16th place will qualify for “B” or consolation finals. Swimmers finishing in 17th-24th will qualify for “C” final and marked as exhibition for finals.

**VARSITY SWIM FINALS: (Saturday, February 6, 2021)**

>The order of finals for each event will be:

“C” finals – report to the blocks

 Consolation “B” finals – report to the blocks

 “A” finals – report to staging area for walk-out

 >The top 16 finishers will score.

 > Relays will be one heat in finals.

The order of events will follow the NFHS guidelines:

Event 1: 200 Medley Relay

Event 2: 200 Freestyle

Event 3: 200 Individual Medley

Event 4: 50 Freestyle

Event 6: 100 Butterfly

Event 7: 100 Freestyle

Event 8: 500 Freestyle

Event 9: 200 Free Relay

Event 10: 100 Backstroke

Event 11: 100 Breaststroke

Event 12: 400 Free Relay

Event 5: Diving will be performed on Thursday February 4th

**Warm Up Lane Assignments**

*(COACHES MEETINGS: 3:50 p.m. and 1:50 p.m.)*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Friday | 1:45 - 2:15  | 2:15 - 2:45 | 2:45 - 3:15 | 3:15 – 3:45 |
| Saturday | 11:45 - 12:15  | 12:15 – 12:45 | 12:45 - 1:15 | 1:15 – 1:45 |
| **Lane** | **School** | **School** | **School** | **School** |
| 1 | Blue Springs | Lee’s Summit West | Liberty | Ray-Pec |
| 2 | Blue Springs | Lee’s Summit West | Liberty | Ray-Pec |
| 3 | Blue Springs | Lee’s Summit West | Liberty | Ray-Pec |
| 4 | Blue Springs | Lee’s Summit West | Liberty | Ray-Pec |
| 5 | Blue Springs South | Lee’s Summit North | Liberty North | Park Hill |
| 6 | Blue Springs South | Lee’s Summit North | Liberty North | Park Hill |
| 7 | Blue Springs South | Lee’s Summit North | Liberty North | Park Hill |
| 8 | Blue Springs South | Lee’s Summit North | Liberty North | Park Hill |

Individual starts and relay starts will be practiced during your 30-minute warm-up time.

The warm pool will be open during the entirety of the meet both days to be used at your discretion.