

Varsity Cheer

June 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
***SUBJECT TO CHANGE	**Practice attire: Athletic clothes, cheer shoes, no jewelry, hair up.				1	2
3	4	5	6 Practice 6:00-7:00 AM RHS Gym	7 Practice 6:00-7:00 AM RHS Gym	8	9
10	11	12	13 Practice 6:00-7:00 AM RHS Gym	14 Practice 6:00-7:00 AM RHS Gym	15	16
17	18	19	20 Practice 6:00-7:00 AM RHS Gym	21 Practice 6:00-7:00 AM RHS Gym	22	23 Teambonding Raytown IHop 10:00 AM
24	25	26	27 Practice 6:00-7:00 AM RHS Gym	28 Practice 6:00-7:00 AM RHS Gym	29	30

Varsity Cheer

July 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 ***SUBJECT TO CHANGE	2 **Practice attire: Athletic clothes, cheer shoes, no jewelry, hair up.	3	4	5	6	7
8	9 Cheer Camp 11:30-6:00 RSHS Gym	10 Cheer Camp 8:30-4:00 RSHS Gym (Dinner at Applebee's)	11	12	13	14
15	16	17	18 Practice 6:00-7:30 AM RSHS Stadium Will be canceled if inclement weather	19 Practice 6:00-7:30 AM RSHS Stadium Will be canceled if inclement weather	20	21 Teambonding Premier (TBA)
22	23	24	25 Practice 6:00-7:30 AM RSHS Stadium Will be canceled if inclement weather	26 Practice 6:00-7:30 AM RSHS Stadium Will be canceled if inclement weather	27	28
29 Dead Week There is no contact with coaches	30	31				

Varsity Cheer

August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
***SUBJECT TO CHANGE	**Practice attire: Athletic clothes, cheer shoes, no jewelry, hair up.	**You must have 14 complete practices before you can perform at a game	1	2	3	4
5	6 Practice 6:00-7:00 AM RSHS Stadium Inside gym if Inclement weather	7 Practice 6:00-7:00 AM RSHS Stadium Inside gym if Inclement weather	8 Practice 6:00-7:00 AM RSHS Stadium Inside gym if Inclement weather	9 Practice 6:00-7:00 AM RSHS Stadium Inside gym if Inclement weather	10 Practice 6:00-7:00 AM RSHS Stadium Inside gym if Inclement weather	11 Teambonding Run throughs 8:00-11:00 AM RSHS Cafe
12	13 Practice 6:00-7:00 AM RSHS Stadium Back to School Night 6-7 PM Red uniform	14 Practice 6:00-7:00 AM RSHS Stadium Inside gym if Inclement weather	15 First Day of School NO Practice	16 Practice 2:30-4:00 RSHS Stadium Inside gym if inclement weather	17 Practice 2:30-4:00 RSHS Stadium Inside gym if inclement weather	18
19	20 Practice 6:00-7:00 AM RSHS Gym	21 Practice 2:30-4:00 RSHS Stadium Inside gym if inclement weather	22 Practice 6:00-7:00 AM RSHS Gym	23 Practice 6:00-7:00 AM RSHS Gym	24 Away @ Ft. Osage Bus leaves café side @ 5:00 PM Red Uniform	25
26	27	28 Practice 2:30-4:00 RSHS Stadium Inside gym if inclement weather	29	30 Practice 6:00-7:00 AM RSHS Gym	31 Away @ Winnetonka Bus leaves café side @ 5:00 PM Black Uniform	

Varsity Cheer September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
***SUBJECT TO CHANGE	**Practice attire: Athletic clothes, cheer shoes, no jewelry, hair up.					
2	3	4 Practice 2:30-4:00 RSHS Stadium Inside gym if	5	6 Practice 6:00-7:00 AM RSHS Gym	7 VS. Raytown Be on track by 5:30 PM Red Uniform	8
9	10	11 Practice 2:30-4:00 RSHS Stadium Inside gym if inclement weather	12	13 Practice 6:00-7:00 AM RSHS Gym	14 VS. Smithville Be on track by 5:30 PM Black Uniform	15
16	17	18 Practice 2:30-4:00 RSHS Stadium Inside gym if inclement weather	19	20 Practice 6:00-7:00 AM RSHS Gym	21 Away @ Platte Cty Bus leave café side @ 5:00 Red Uniform	22
23	24	25 Practice 2:30-4:00 RSHS Stadium Inside gym if inclement weather	26	27 Practice 6:00-7:00 AM RSHS Gym	28 Away @ Ruskin Bus leaves café side @ 5:30 PM Black Uniform	29
30						

Varsity Cheer

October 2018

Sun

Mon

Tue

Wed

Thu

Fri

Sat

<p>***SUBJECT TO CHANGE</p>	<p>1 **Practice attire: Athletic clothes, cheer shoes, no jewelry, hair up.</p>	<p>2 Practice 2:30—4:00 RSHS Stadium Inside gym if inclement weather</p>	<p>3</p>	<p>4 Practice 6:00-7:00 AM RSHS Gym</p>	<p>5 VS. Grandview Be on track by 5:30 PM Red Uniform</p>	<p>6</p>
<p>7</p>	<p>8</p>	<p>9 Practice 2:30—4:00 RSHS Stadium Inside gym if inclement weather</p>	<p>10</p>	<p>11 Practice 6:00-7:00 AM RSHS Gym</p>	<p>12 VS. Kearney Be on track by 5:30 PM Black Uniform</p>	<p>13</p>
<p>14</p>	<p>15</p>	<p>16 Practice 2:30—4:00 RSHS Stadium Inside gym if inclement weather</p>	<p>17</p>	<p>18 Practice 6:00-7:00 AM RSHS Gym</p>	<p>19 @ Grain Valley Bus leave café side @ 5:00 PM Red Uniform</p>	<p>20</p>
<p>21</p>	<p>22</p>	<p>23 Practice 2:30—4:00 RSHS Stadium Inside gym if inclement weather</p>	<p>24</p>	<p>25 Practice 6:00-7:00 AM RSHS Gym</p>	<p>26 Game—TBA</p>	<p>27 ***Games from this point are based on wins</p>
<p>28</p>	<p>29</p>	<p>30 Practice 2:30—4:00 RSHS Stadium Inside gym if inclement weather</p>	<p>31</p>	<p>Nov. 1 Practice 6:00-7:00 AM RSHS Gym</p>	<p>Game-TBA</p>	