

Raytown South Football 2018

1. Grades – you have to pass 6 classes this semester in order to be eligible for football. Please do everything you can in order to get those classes passed.
 - a. Turn in assignments, study for test, and pay attention in class – 5 weeks left!!!
2. Summer School – Registration and information is on district website. If you need summer school, you need to get with counselors and make sure you are signed up for correct classes = by 5/4/18
3. AM Weights During June
 - a. We will have weights/conditioning every morning in June during summer school. It will be from 7:15 AM to 10:15 AM. If you attend weights in June and attend 60 hours of conditioning in June and July – you will get a PE credit for that work.
 - b. Transportation and Summer School – 4 Buses a Day
 - i. You can enroll in Summer School for Conditioning/Weights (**Physical Education**) – if you enroll, you will have a bus route that takes to you to RHS every morning – you can get breakfast.
 - ii. At 7:18 AM – there will be a bus from RHS to SHS for weights/conditioning. You will need to be on that bus on time.
 - iii. At 10:10 AM – if you have a PM class – there will be a bus back to RH in time for lunch and your PM class. If you do not have a PM class – you will need a ride home from SH at 10:15 AM.
 - iv. After summer school, there will be a bus at 2:25 to take athletes back to SH for camps and practices. (This bus will only run Monday – Thursday)
4. Weights Classes –
 - a. Hopefully you have a weights class right now –you should be working out every day.
 - i. Take advantage of opportunity to work out in school day
 - b. All varsity athletes should be enrolled in a weights class in the fall of next year – Not PE
5. Spring Conditioning – If you are not in a spring sport – you should be at conditioning every day
 - a. Monday, Tuesday, Thursday – 2:30 – 4:00 PM
 - b. Meet in locker room – have rides at 4:15 PM
6. Summer Calendar – It is attached – Please share it with your families immediately. Please make football a priority when dealing with work, basketball schedules, track schedules, and etc.
7. Football Fees for 2018
 - a. \$50 – Due July 26th – Includes camp, clothes, food, Excelsior Springs, etc.
 - i. Early pay bonus – if paid by June 4th - \$40
 - ii. Can Pay installments on your dues
 - iii. Cash or checks to RSHS Football, no refunds!
 - b. Players will also have to pay separate District Athletic Fee of \$50 during enrollment
8. Physicals – Due by June 28th
 - a. Physicals are due by June 28th - Will not get on bus for Excelsior Springs w/out physical
9. August 6th – First Day of Football!!!!!!

Raytown South Football – Summer 2018

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|-------------|-------------|
| May 28 Memorial Day | 29 | 30 | 31 | June 1 | June 2 |
| June 4 3:00-4:30 Weights | 5 Football Camp 3-6 PM | 6 3:00-4:30 Weights | 7 Football Camp 3-6 PM | 8 | 9 |
| June 11 3:00-4:30 Weights | 12 Football Camp 3-6 PM Youth Camp 6:30-8:00 PM | 13 3:00-4:30 Weights | 14 Football Camp 3-6 PM | 15 | 16 |
| June 18 3:00-4:30 Weights 4:30-6:00 7-7 Prep | 19 Football Camp 3-6 PM LSHS – 7-7 – 6 PM | 20 3:00-4:30 Weights | 21 Football Camp 3-6 PM | 22 | 23 |
| June 25 3:00-4:30 Weights | 26 Football Camp 3-6 PM LSHS – 7-7 – 6 PM | 27 3:00-4:30 Weights | 28 Football Camp 3-6 PM | 29 | 30 |
| July 2 Dead week | 3 Dead week | 4 Dead week | 5 Dead week | 6 Dead week | 7 |
| July 9 Weights 7-10 AM | 10 Weights 7-10 AM | 11 Weights 7-10 AM | 12 Weights 7-10 AM | 13 | 14 |
| July 16 Offense Wts 6 AM FB Camp 7-10 AM Defense Wts 10 AM | 17 Offense Wts 6 AM FB Camp 7-10 AM Defense Wts 10 AM | 18 Offense Wts 6 AM FB Camp 7-10 AM Defense Wts 10 AM | 19 Offense Wts 6 AM FB Camp 7-10 AM Defense Wts 10 AM | 20 | 21 |
| July 23 Defense Wts 6 AM FB Camp 7-10 AM Offense Wts 10 AM | 24 Defense Wts 6 AM FB Camp 7-10 AM Offense Wts 10 AM | 25 Defense Wts 6 AM FB Camp 7-10 AM Offense Wts 10 AM | 26 Defense Wts 6 AM FB Camp 7-10 AM Offense Wts 10 AM | 27 | 28 |
| 30 Dead week | 31 Dead week | 1 Dead week | 2 Dead week | 3 Dead week | 4 Dead week |
| August 6 First Day of Practice | 7 | 8 | 9 | 10 | 11 |

If you are going to miss a Football Day (in Bold). Please notify Coach Adkins – nick.adkins@raytownschools.org in advance.